

+ Create ☀ Move * Discover



Fine Arts



Athletics



Summer Academy



Summer Camps | 2015
FOR GIRLS!

Summer at Saint Mary's



Since 1974, Saint Mary's College has offered camps for girls in the safe and protective environment of the College's historic campus. Summer camps help young women build self-esteem, master new skills, make new friends, and experience the excitement of a college atmosphere.

Saint Mary's College, located in Notre Dame, Indiana, is a four-year, Catholic women's institution offering five bachelor's degrees and more than 30 majors.

The College has six nationally accredited academic programs: social work, art, music, education, chemistry, and nursing.

Saint Mary's College ranks among the top 100 Best National Liberal Arts Colleges for 2015 published by *U.S. News*. Founded in 1844 and sponsored by the Sisters of the Holy Cross, the College is a pioneer in the education of women.

Visit saintmarys.edu for more about Saint Mary's College.

Explore your interests. Make new friends. Live in residence halls under the care and protection of counselors, instructors, and professional staff members. Instruction is provided by Saint Mary's faculty, staff, and area educators who are chosen for their expertise in the classroom and on the playing field.

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Meals:

Sodexo is the food provider for Saint Mary's College. As the leading food management services company in North America, Sodexo provides summer guests with a variety of tasty and nutritious options at each meal. The Noble Family Dining Hall is an "all-you-care-to-eat" facility.

Visit saintmarys.edu/dining for more information.

Phones: Camps at Saint Mary's have a **no-phone** policy in place for all campers. Because this may be the first time away from home, some campers may experience separation anxiety. The staff is dedicated to making this period of adjustment as comfortable as possible for everyone involved. The phone policy has been established for the welfare of the entire camp program. Emergency messages will be taken by the camp office or the camp director.

Homesickness: Staff members have been trained to react to homesickness with compassion and sympathy. Our counselors will help campers focus on exciting camp activities, making new friends, and the fun of the experience.

Try Out Campus Life: Campers stay in residence halls at Saint Mary's that feature 24-hour desk staff. Counselors live in close proximity to their campers, and a nighttime supervisor is on call and available from 8 p.m. to 8 a.m.

Deadline to apply: June 3, 2015

Transportation: Transportation is available from the South Bend Airport if we are notified by June 3. An additional fee is required for this service. Visit saintmarys.edu/camps for more details.



Fine Arts

(girls entering grades 5–9)

Art, Creative Writing, Dance, Music, and Theatre

July 12–17

July 19–24

July 26–31

Embark on a journey of self-discovery through creativity. Campers explore five disciplines:

- art
- creative writing
- dance
- music
- theatre

Campers also participate in a daily concentrated class focusing on one of these disciplines. On Friday, campers will present their work at the Performing Arts Forum in O’Laughlin Auditorium for their friends and family.



Check out **MoreauCenter.com** for the latest information on exciting theatre and musical performances, and gallery exhibitions at Saint Mary's College.

Art: Campers will experience distinct art forms such as painting, jewelry making, wearable art, paper art, and textiles. Whether sculpting, making friendship bracelets or angel wings, or designing garments campers bring their own masterpiece to life inside Saint Mary's professional art studios.

Dance: Each dance class has a distinct rhythm as campers develop skills in memory, musicality, and style. Campers learn dance history and vocabulary while exploring ballet, jazz, and modern dance. The Saint Mary's Dance Studio is complete with a sound system, mirrors, and a dance floor — an ideal space to express yourself through movement.

Theatre: Character, voice, and movement provide the building blocks for campers to express their dramatic potential and develop performance skills and collaboration techniques through theatre games and group exercises. Classes are held on stage in the historic O'Laughlin Auditorium.

Music: Classes immerse campers in the basic elements of music. Past participants have created their own musical instruments, performed Broadway musical selections, and made the most of brooms and trash cans in their own version of the exciting musical show *Stomp*. Campers are invited to bring a musical instrument from home if they wish to share their talents.

Creative Writing: Embrace the world of words in sessions designed to build your distinct writing voice. Campers learn to express themselves on the page through unique exercises like reporting, writing ad jingles, poetry slams, monologues, or writing a love letter to a favorite food.

Whether experienced in the fine arts or not, campers are welcome to enroll in Saint Mary's Fine Arts Camp. The only requirement is the desire to learn and join in the fun.



Athletics

(girls entering grades 5–10)

July 12–16 (select one)

Tennis
Volleyball I – Beginner to Intermediate

July 19–23 (select one)

Tennis
Volleyball II – Intermediate to Advanced

**Overnight and
Day Camps
available**

New Athletic Fields in 2016!

Due to construction of our new Saint Mary's College athletic fields, we are not able to offer as many Athletics Camps this summer. Check back with us next year for new, expanded camp offerings when our field construction is completed.

Get in the game!

Play the sport you love or explore a new one. Experienced instructors, varsity coaches, and college athletes provide guidance according to individual need.

Coaches will help you sharpen your skills on the court. You'll set goals, share in a positive, team-oriented atmosphere, and develop healthy habits that will help you achieve success.

Saint Mary's athletic facilities include three indoor volleyball courts and six outdoor tennis courts.

In addition to overnight Athletics Camps, Saint Mary's offers an economical Day Camp option featuring daily personal instruction in the discipline of your choice.

Visit saintmarys.edu/camps/athletic for more information on Athletics Day Camps and equipment requirements.

All camps are for beginning and intermediate players with the exception of Volleyball II, which is geared toward intermediate and advanced players.



Cheer on one of Saint Mary's eight varsity athletic teams as they compete in the MIAA Conference. A fun and exciting time for the whole family.

For the most up-to-date information, rosters, and team schedules, visit saintmarys.edu/athletics today or follow us on [facebook.com/GoBelles](https://www.facebook.com/GoBelles).

Go Belles!





Tennis

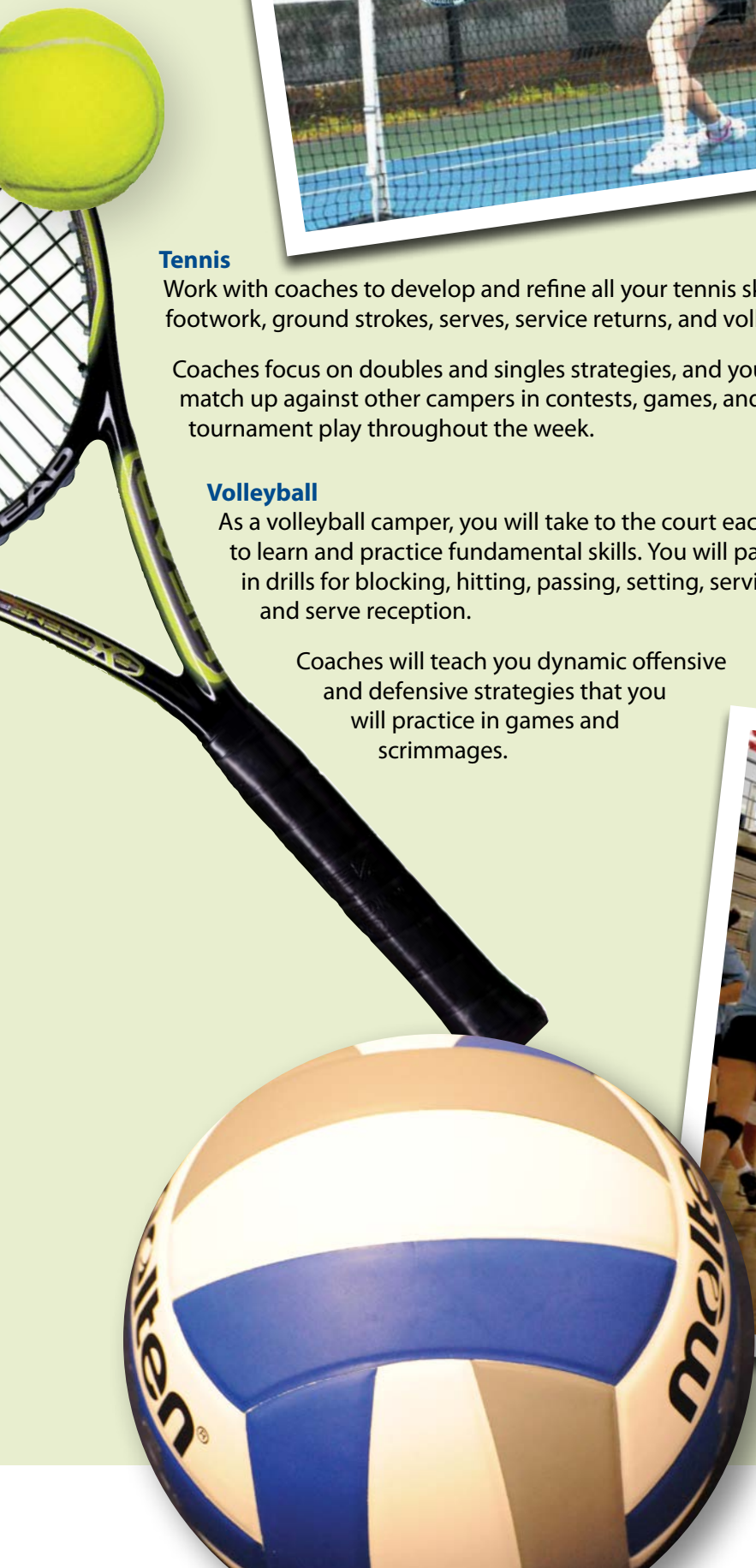
Work with coaches to develop and refine all your tennis skills: footwork, ground strokes, serves, service returns, and volleys.

Coaches focus on doubles and singles strategies, and you will match up against other campers in contests, games, and tournament play throughout the week.

Volleyball

As a volleyball camper, you will take to the court each day to learn and practice fundamental skills. You will participate in drills for blocking, hitting, passing, setting, serving, and serve reception.

Coaches will teach you dynamic offensive and defensive strategies that you will practice in games and scrimmages.



Summer Academy

(girls entering grades 8–12)

July 12–17

Digital Photography

July 19–24

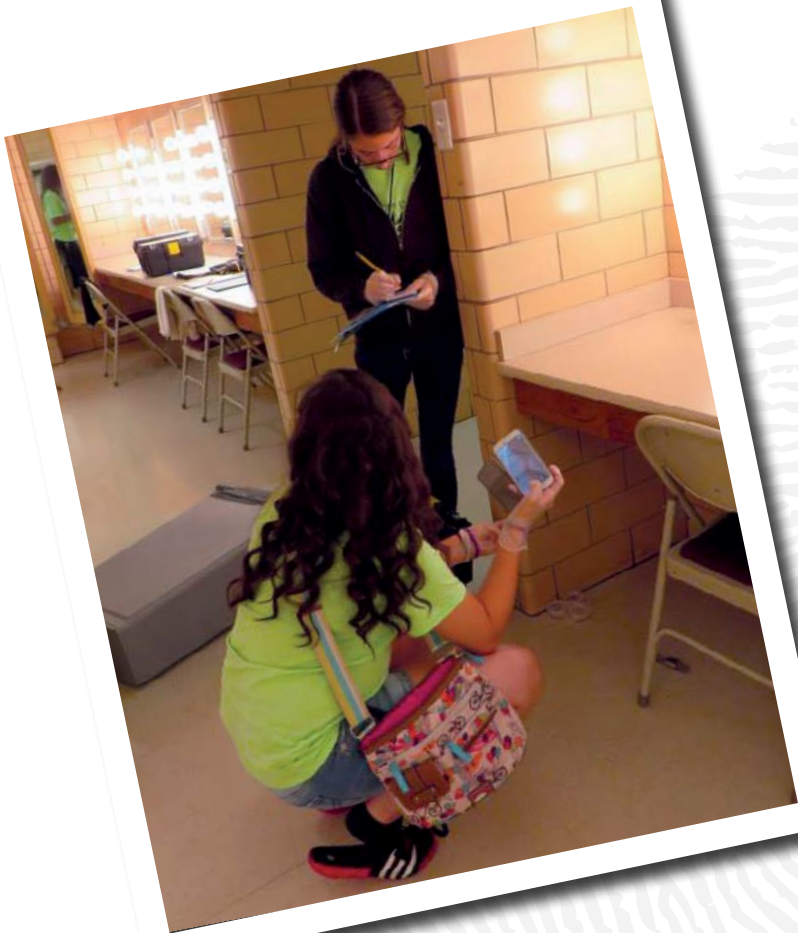
Forensic Science

July 26–31

Courtroom 101

Curiosity drives discovery at Saint Mary's Summer Academy. This residential camp is designed to introduce campers to the academic experience and thrill of college life.

Join other motivated students who are interested in academic and cultural pursuits within a specific field of study. Summer Academy offers three weeks of in-depth, hands-on study, and field trips.



*Limited need-based scholarships are available.
Scholarships do not exceed \$250 per camper.
Download a scholarship application at
saintmarys.edu/camps*

Digital Photography

July 12–17

Learn the fundamentals of digital photography and begin building your own portfolio. This class will emphasize primary camera capabilities, explain basic digital photography terms, and essential picture taking techniques. You will also learn fundamental skills for editing your photos in Adobe Photoshop.

Campers are required to bring one of the following digital imaging devices: a digital single-lens reflex camera (DSLR), compact camera, iPhone, or iPad.

NEW!
Digital Photography
July 12–17



Forensic Science

July 19–24

Campers are summoned to a staged crime scene to participate in fact finding and evidence gathering in the hope of solving the crime.

Through biology, chemistry, mathematics, and deductive reasoning, you will work with fellow campers to weigh your evidence and apply your findings in the quest for the culprit.

A field trip to an actual crime lab is included in this week. You'll share the results of your investigation in a public forum for friends and family on Friday.



NEW!
Courtroom 101
July 26–31



Courtroom 101

July 26–31

Prepare your case, select the jury, cross-examine the witnesses, and sharpen your arguments at our new summer camp. Students will explore the judicial system, learn about trial law, and prepare for a final mock trial at the end of the week. Parents and friends will be invited to see you in action!

Bloom for girls



Seminar for Moms and Daughters

It's time to ignite conversation.

Bloom for Girls, LLC was created to open dialogue between moms and daughters (ages 10–14 years) during a time in our daughters' lives that doesn't have to be sad, hopeless, or stressful. It's a time of new beginnings, fun, and growth.

Our daughters face a number of challenges that include influences on their lives by social media, technology-based "relationships," their own changing bodies, transitioning to high school, and building friendships.

A report commissioned by Saint Mary's College, *The Status of Girls in Indiana 2013*, indicated that at this age, girls experience feelings of sadness or hopelessness more often than boys.

Bloom is a program for moms and daughters to begin filling our toolboxes with confidence, self awareness, and gratitude for the gift of womanhood we've been given.

Join Bloom for two dynamic workshops that will send you forth inspired to embrace your femininity and celebrate the positives of being a woman in today's society.

We need to keep talking.

We need to keep questioning.

We need to embrace the power we have as women.

It is our time.

Let's Bloom!

Questions about Bloom? Please contact the Saint Mary's College Summer Camp Office at (574) 284-4778. Registration is online only. Visit saintmarys.edu/camps/bloom by **July 3**.

Workshops on:
Friendship and Bullying
The Technology World
Love Your Beauty
I Am Healthy

**Join us for a
one-day seminar.**

Sunday, July 19, 2015

10 a.m.–3 p.m.*

**Lunch included*

2015 Fine Arts Camp, Athletics Camp, Saint Mary's Summer Academy Application

Note: Visit saintmarys.edu/camps to register online.

Please print:

Camper's name	Age	Date of birth	Grade as of Sept. 2015	School
Mother's name (Guardian)	Father's name (Guardian)		Adult (non-fitted) T-shirt size: (S, M, L, XL)	
Address	City		State	Zip code
Parent email address _____ How did you hear about our camp? <input type="checkbox"/> Ad <input type="checkbox"/> Friend <input type="checkbox"/> Mailing <input type="checkbox"/> Social media <input type="checkbox"/> Other				
Home phone	Mother's work phone	Mother's cell phone	Father's work phone	Father's cell phone

Roommate Information:

1. _____ 2. _____ 3. _____

Roommates may be requested, but requests must be mutual and listed on all registrations. Please list no more than three roommates. Fine Arts Camp, Athletics Camp, and Summer Academy provide double-room occupancy along with a limited number of triple and quad rooms. (All triples and quads are available on a first-come, first-served basis.) If no roommate is requested one will be assigned.

Choose your Camp and Session

<p>Fine Arts Camp (girls entering grades 5–9)</p> <p><input type="checkbox"/> July 12–17</p> <p><input type="checkbox"/> July 19–24</p> <p><input type="checkbox"/> July 26–31</p>	<p>Athletics Camps (girls entering grades 5–10)</p> <table style="width:100%;"> <tr> <td style="width:50%; vertical-align: top;"> <p>July 12–16</p> <p><input type="checkbox"/> Tennis</p> <p><input type="checkbox"/> Volleyball I</p> </td> <td style="width:50%; vertical-align: top;"> <p>July 19–23</p> <p><input type="checkbox"/> Tennis</p> <p><input type="checkbox"/> Volleyball II*</p> </td> </tr> <tr> <td colspan="2" style="text-align: center; padding-top: 10px;"> <p><input type="checkbox"/> Overnight or <input type="checkbox"/> Day Camp</p> </td> </tr> </table>	<p>July 12–16</p> <p><input type="checkbox"/> Tennis</p> <p><input type="checkbox"/> Volleyball I</p>	<p>July 19–23</p> <p><input type="checkbox"/> Tennis</p> <p><input type="checkbox"/> Volleyball II*</p>	<p><input type="checkbox"/> Overnight or <input type="checkbox"/> Day Camp</p>		<p>Saint Mary's Summer Academy (girls entering grades 8–12)</p> <p>July 12–17</p> <p><input type="checkbox"/> Digital Photography</p> <p>July 19–24</p> <p><input type="checkbox"/> Forensic Science</p> <p>July 26–31</p> <p><input type="checkbox"/> Courtroom 101</p>										
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<p><i>2015 Fine Arts Tuition</i></p> <table style="width:100%;"> <tr> <td>Before 3/31/15</td> <td style="text-align: right;">\$470</td> </tr> <tr> <td>After 3/31/15</td> <td style="text-align: right;">\$520</td> </tr> </table>	Before 3/31/15	\$470	After 3/31/15	\$520	<p><i>2015 Athletics Tuition</i></p> <table style="width:100%;"> <tr> <td>Before 3/31/15</td> <td style="text-align: right;">\$440</td> </tr> <tr> <td>After 3/31/15</td> <td style="text-align: right;">\$490</td> </tr> <tr> <td>Day Camp</td> <td style="text-align: right;">\$250</td> </tr> </table> <p style="font-size: small; padding-top: 5px;">*All sessions are for Beginner to Intermediate players with the exception of Volleyball Week II (July 19–23), which is for Intermediate to Advanced players.</p>	Before 3/31/15	\$440	After 3/31/15	\$490	Day Camp	\$250	<p><i>2015 Summer Academy Tuition</i></p> <table style="width:100%;"> <tr> <td>Before 3/31/15</td> <td style="text-align: right;">\$515</td> </tr> <tr> <td>After 3/31/15</td> <td style="text-align: right;">\$565</td> </tr> </table> <p>See saintmarys.edu/camps for information on Financial Assistance.</p>	Before 3/31/15	\$515	After 3/31/15	\$565
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Note: Please complete the above application. A non-refundable deposit of \$100 or the full amount can be paid when you apply. Upon receipt of your application a confirmation packet will be mailed to you, including an invoice detailing any balance that is due. If you choose to take advantage of the \$50 early registration discount, your balance will be due by **March 31, 2015**. If not, your final payment will be due **June 3, 2015**.

Payment Methods

Credit card orders may be faxed to **(574) 284-4784**, mailed in with your application, or you may register online. Make checks payable to **Saint Mary's College**.

Charge the amount of \$ _____ to my American Express Discover MasterCard Visa

Credit card #	Exp. date	CVV#
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Cardholder's name

Cardholder's signature

For further information, contact:

Saint Mary's Summer Camps
Saint Mary's College • Notre Dame, IN 46556
Phone: (574) 284-4778 • Fax: (574) 284-4784
Email: camps@saintmarys.edu
saintmarys.edu/camps

Saint Mary's College reserves the right to change or cancel any summer camp session for any reason, including if minimum registration enrollments are not met.

<p style="font-size: x-small;">For office use only</p> <p>\$ _____ Amount received \$ _____ Bal. due</p>
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Countdown to Summer Camps | 2015

Join us in July for fun, friendship, and learning experiences designed for talented young women like you.

Explore the arts—like dance, music, and theatre—in Fine Arts Camp. Get in the game at one of our Athletic Camps, become a shutterbug at our Digital Photography Camp, or take your case to trial with our Courtroom 101 Camp.

Our counselors and instructors are experienced teachers, coaches, and qualified Saint Mary's students. They will guide your camp experience through programs that will spark your creativity and your passion. You'll love Saint Mary's summer camps.

Fine Arts Camp	July 12–17, 19–24, 26–31
Athletics Camp	July 12–16, 19–23
Summer Academy	July 12–17, 19–24, 26–31

Sign up today at saintmarys.edu/camps

Summer Camps | 2015

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